



# A Journey To Peace LLC

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Ajourneytopeace.com

## ***Clinical Therapy Intake Form***

### **Patient Demographic Information**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Last First

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Sexual orientation: \_\_\_\_\_

Ethnicity/Race: \_\_\_\_\_

Do you have children (if so, please provide gender and ages): \_\_\_\_\_

Religion/denomination: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Phone Number: \_\_\_\_\_ May we leave a message? \_\_\_\_\_

Can we send a text message? \_\_\_\_\_

Email Address: \_\_\_\_\_ May we leave a message? \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Current Employer: \_\_\_\_\_

Job Title/Position: \_\_\_\_\_

Highest level of education completed: \_\_\_\_\_

Military History: \_\_\_\_\_

Criminal History: \_\_\_\_\_

### **Health Insurance Information:**

Name of Health Insurance Company: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

### **Medical History**

Primary Care Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Medical Diagnosis: \_\_\_\_\_

\_\_\_\_\_

Current Medications (with dosages, please include vitamins or supplements): \_\_\_\_\_

Have you ever been hospitalized?: \_\_\_\_\_ If so, for what? (please include approximate dates): \_\_\_\_\_

**Mental Health History**

Have you ever been in therapy before? (if so, when and for how long): \_\_\_\_\_

Have you ever seen a psychiatrist? (if still seeing, please provide contact information): \_\_\_\_\_

Mental Health Diagnosis: \_\_\_\_\_

History of Psychiatric Hospitalizations (please include approximate dates and reason): \_\_\_\_\_

Have you ever had any thoughts of harming or cutting yourself? (if so, when): \_\_\_\_\_

Have you ever attempted suicide or harmed yourself? (if so, when): \_\_\_\_\_

Do you currently have thoughts of harming yourself now?: \_\_\_\_\_

Have you experienced trauma? (for example, physical, sexual or emotional abuse or violent crime): \_\_\_\_\_

Do you have any family members with mental health issues? (if so, please list relational status and diagnosis, if known): \_\_\_\_\_

**Substance Abuse History**

Do you drink alcohol? (if so, how often): \_\_\_\_\_

Do you smoke cigarettes? (if so, how often): \_\_\_\_\_

Do you smoke marijuana? (if so, how often): \_\_\_\_\_

Do you use any other substances not listed above? (if so, please list them and state how often): \_\_\_\_\_

Have you ever been in an outpatient, inpatient or residential substance abuse program? (if so, when): \_\_\_\_\_  
\_\_\_\_\_

Do you have any family members with substance abuse problems? (if so, please list relational status and substance): \_\_\_\_\_

**Current Situation:**

Why are you seeking therapy at this time? \_\_\_\_\_  
\_\_\_\_\_

What would you like to accomplish from therapy? \_\_\_\_\_  
\_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**Client Agreements**

*I understand whatever I discuss in session is confidential and will not be disclosed to anyone unless I give written consent in the form of a completed release of information form, or am at risk for harm to myself or others or violate any of the information discussed in the HIPAA Confidentiality that I have signed.*

*I understand that if I am 15 minutes or more late to my appointment, I will be rescheduled for the next available appointment.*

*I understand that if I do not provide at least 24 hours' notice for a cancelled appointment (except in the case of serious emergencies), I will be charged \$50.00 for each missed appointment. This fee must be paid before another appointment can be scheduled. The cancellation fee cannot be paid by my insurance company or EAP.*

*In addition, if you plan to use your insurance, authorization from the insurance company may be required before they will cover therapy fees. If authorization is not obtained, you will be responsible for full payment of services. Many policies leave a percentage of the fee (which is called co-insurance) or a flat dollar amount (referred to as a co-payment) to be covered by the patient. Either amount is to be paid at the time of the visit by cash or credit card. In addition, some insurance companies also have a deductible, which is an out-of-pocket amount, that must be paid by the patient before insurance companies are willing to begin paying any amount for services. It is important to remember you always have the right to pay for my services yourself to avoid the problems described above, unless prohibited by my provider contract. The therapy fee is \$150.00 per hour which has been explained in the client fee schedule which I have signed. I agree to pay this amount or to have the therapy fee billed to my insurance company (if I agreed to go through my insurance company for therapy or using EAP benefits).*

*I agree that all of the information provided in this form is accurate to the best of my knowledge*

Client Name (printed): \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_